





## Write More, Stress Less:

A Quick Introduction to the 12 Week Year for Writers

## **January 12, 2022**

## 11:30 AM - 12:30 PM

This **interactive workshop** will introduce you to a proven system for improving the planning and execution of your research and writing.

You will leave with a set of tools and concrete strategies that you can put to use immediately to write more consistently and more productively.



## **SPEAKER**



**Dr. Trevor Thrall** 

An associate professor of international security in the Schar School of Policy and Government at George Mason University, and a Senior Fellow at the Cato Institute in the Defense and Foreign Policy department. Author and editor of several books, edited volumes, articles and other academic works. Dr. Thrall's research revolves around the intersection of international security, political communication, and public opinion.